

## More about Kids' Mental Health

*We help people with any immigration status. HLA will not share your information with anyone unless you agree.*

*Please ask for an interpreter if you need one!*

*If HLA can help you all our services will be free.*

## Get help from the Mental Health Advocacy Program for Kids (MHAP for Kids)

### 1. Get ready to call us:

Have this information:

- How to contact you
- Where you live
- Your child's situation
- Your child's insurance information
- How many people are in your household
- Your income

### 2. When you are ready:

Call 617-275-2919 or 855-218-3965 (toll-free)

- Leave a message with your name, address, and phone number or email
- Describe the problem you have

If you can't call, fill out our intake form [here](#).

### 3. What's next:

A paralegal from HLA will contact you. They will call you to talk about your problem.

- Next, HLA will decide if we can take your case.
- We will contact you to let you know if we can help.
- If HLA can't take your case, we will try to help you find an organization or resource that can help.

## Who can HLA help?

To get help from HLA:

1. Your child needs to have a mental health illness or diagnosis.
2. You need to live in Massachusetts.
3. You need to meet **one** of our income requirements. **If you are not sure, call us anyway.**

In 2024, this means:

For a family of 1, less than \$45,180 per year
For a family of 2, less than \$61,320 per year
For a family of 3, less than \$77,460 per year
For a family of 4, less than \$93,600 per year
For a family of 5, less than \$109,740 per year
And so on...

OR

Have health care expenses or debt that are more than you can pay
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